

**Hanna Tómasdóttir** · 29.05.1970

Physiotherapist · Osteopath · Master of Positive Psychology  
President OE · Board of Directors OIA · President Danske Osteopater

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# Curriculum Vitae

## Professional Development

- 2023- Chair of the OIA Membership Committee
- 2022- OIA-WHO Task Force #1 – Updating Benchmarks in Training for Osteopathy
- 2021- Osteopathic International Alliance – OIA Board of Directors
- 2021- OIA Conference Organizing Committee Member
- 2021- OIA Membership Committee Member
- 2021- Chair of the OE Policy Committee
- 2020- Elected President of Osteopathy Europe – OE
- 2020-2021 Member of a multidisciplinary working group of licensed healthcare professionals, defining the New Danish National Clinical Guidelines for non-medical Treatment of Migraine and Tension Type Headache
- 2019- OIA Nominations Committee Member
- 2019-2021 Working Group Chair of the OE Regulation Working Group
- 2018-2020 Board Member, Communications and Vice President of the OE
- 2018- Collaboration Nordic Osteopathic Alliance
- 2017- Elected President of Danske Osteopater
- 2017-2018 Board Member at the Forum for Osteopathic Regulation in Europe - FORE
- 2013-2017 Board Member, PR & Communication, and Vice President of Danske Osteopater

## Education

- 2022 – Studying Master of Headache Disorders at Copenhagen University – UCPH
- 2020 Master Course in Health Law at the University of Southern Denmark – SDU
- 2018-2019 UK Osteopathic Development Group's Osteopathic Leadership Programme in collaboration with the Open University, London, UK
- 2015-2017 Qualified as Master of Positive Psychology, from Aarhus University, Campus Emdrup, Denmark
- 2000-2006 Qualified as Osteopath DO from The International Academy of Osteopathy (IAO) Belgium
- 1994-1997 Qualified as Physiotherapist from Fysioterapeutskolen i København, Denmark

## Language Skills

- Icelandic* - Native
- Danish* - Near native / Fluent
- English* - Fluent
- Norwegian* - Basic communication skills / working knowledge
- Swedish* - Basic communication skills / working knowledge

# Curriculum Vitae

## Clinical and Practice Experience

- 2016-** Co-owner and Osteopath at Q KLINIK, Frederiksberg and Østerbro
- 2009-2016** Co-owner and Osteopath at a multidisciplinary clinic – Klinik Westend, Vesterbro, Copenhagen
- 2008-2015** Osteopath and Consultant for BUPA International, Denmark
- 2006-2009** Osteopath at Klinik For Osteopati, Charlottenlund
- 2002-2003** Physiotherapist and Consultant at Projekt Krop & Kræft, Rigshospitalet (multidisciplinary cancer research project)
- 1999-2006** Physiotherapist at Gildhøj Fysioterapi & Gildhøj Privathospital
- 1999-2006** Physiotherapist for handball, football and karate teams, both amateur and professional level
- 1997-1998** Physiotherapist at Queen Ingrid's Hospital in Nuuk - the National Hospital of Greenland

## Danish Government Working Groups on:

- 2020 – 2021** National Clinical Guidelines for Non-Pharmacological Treatment of Migraine and Tension Type Headache
- 2020 – 2021** National Framework for medical records and patient notes
- 2020 – 2021** 'Målepunkter for osteopater' – benchmarks for osteopathic practice as licensed healthcare professionals
- 2018** Patient Safety Authority advisory forum for authorisation (licensing) of osteopaths in Denmark

## Publications, Conference Speaker & Reviewer

- 2022** Speaker at the 10th European Conference on Positive Psychology in Reykjavik, Iceland
- 2022** Co-author of a peer reviewed research article in 'Ugeskriftet.dk' – Danish Medical Journal
- 2021** Author of the article: 'How osteopaths are thriving in the Nordic countries', published in the 2021 annual edition of the Nordic Osteopathic Journal (NOJ)
- 2021** Project manager of the publication: 'Regulation of the Osteopathic Profession in Europe' – An Overview – First Edition October 2021
- 2021** Co-author of two peer reviewed research articles, systematic reviews and meta-analysis for non-medical treatment for migraine and tension type headache, published in: 'Cephalalgia' and 'The Journal of Headache and Pain'
- 2020-** Reviewer for the International Journal of Osteopathic Medicine (IJOM)
- 2019** Speaker at the OIA AGM in Bad Nauheim, Germany
- 2019** Speaker at the Nordic Congress in Osteopathy in Stockholm, Sweden
- 2018** Speaker at the OIA AGM and The 2nd Emirates Osteopathic Conference in Dubai, United Arab Emirates
- 2018** Speaker at the Nordic Congress in Osteopathy in Oslo, Norway
- 2018** Workshop on Organisational Structure Changes at the FORE AGM, in Tallinn, Estonia
- 2013-** Freelance Health Writer, published in net-doktor.dk, Sygeforsikringen 'danmark', Sund Forskning, Sundhedsguiden.dk and LINAK
- 2010-** Health Columnist at SØNDAG – a Weekly Women's Magazine – Columns about Women's physical and mental health